



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 610:934:85</p> <p>Cheeseburger Meatloaf on WW Bun (32) Diced Potatoes(20) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p>2 641:1195:81</p> <p>Pizza Slice(34) Baby Carrots w/ Ranch(9) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p>3 694:1204:69</p> <p>All-American Hamburger on WW Bun(29) Tossed Salad with Ranch(2) Fresh Orange(19) 1% White or FF Flavored Milk(19)</p>	<p>4 681:1049:85</p> <p>Chicken & Rice Casserole(38) Fresh Broccoli & Ranch Dressing(4) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>5 632:1236:90</p> <p>Texas Style Chicken Drumstick w/ WW Baked Beans(32) Fruit mix(17) 1% White or FF Flavored Milk(19)</p>
<p>2 610:934:85</p> <p>Italian Meatball Sub on WG Bun(38) Baked Green Beans(6) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p>3 641:1195:81</p> <p>Pizza Slice(34) Baby Carrots w/ Ranch(9) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>4 694:1204:69</p> <p>Turkey Charizo Taco w/ WG Flatbread(30) Mexican Pinto Beans(27) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p>5 681:1049:85</p> <p>Grilled Chicken Salad w/ WW Pita(35) Tossed Salad with Ranch(2) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>6 632:1236:90</p> <p>Chicken Fries w/ BBQ Sauce and WG Sweet Baby Peas(10) Orange Juice(15) 1% White or FF Flavored Milk(19)</p>
<p>9 539:816:78</p> <p>BBQ Meatloaf Sandwich on WW Bun(37) Seasoned Corn(25) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p>10 658:1195:85</p> <p>Pizza Slice(34) Baby Carrots w/ Ranch(9) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p>11 670:1287:96</p> <p>Walking Taco w/ WG Corn Chips(21) Romaine w/ Dressing(1) Pineapple Tidbits(17) 1% White or FF Flavored Milk(19)</p>	<p>12 736:1122:79</p> <p>Asian Chicken w/ Brown Rice and WW Dinner Stir Fry Vegetables (9) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>13 573:691:77</p> <p>No School</p>
<p>16 627:836:96</p> <p>Popcorn Chicken w/ WG Crackers(33) Baked Beans(32) Diced Pears(14) 1% White or FF Flavored Milk(19)</p>	<p>17 641:1195:81</p> <p>St. Patrick's Day Pizza Slice(34) Baby Carrots w/ Ranch(9) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>18 567:888:59</p> <p>Chicken Soft Taco on WW Tortilla w/ WG Romaine w/ Dressing(1) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p>19 633:744:108</p> <p>Salisbury Steak w/ WG Dinner Roll(22) Mashed Potato(22) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p>	<p>20 632:1236:90</p> <p>Chef Salad w/ WW Pita(36) Tossed Salad with Ranch(2) Orange Juice(15) 1% White or FF Flavored Milk(19)</p>
<p>23 712:1116:98</p> <p>Baked Mashed Potatoes w/ WW Dinner Roll(39) Romaine w/ Dressing(1) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p>	<p>24 658:1195:85</p> <p>Pizza Slice(34) Fresh Broccoli & Ranch Dressing(4) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p>	<p>25 618:927:76</p>	<p>26 565:1333:86</p>	<p>27 696:1482:72</p>
<p>30 746:753:74</p>	<p>31 626:1140:76</p>			



Thought for Thought

A dreamer is one who can only find his way by moonlight, and his punishment is that he sees the dawn before the rest of the world. - Oscar Wilde

Tips & Information

BREAKFAST IS SERVED DAILY FROM 7:55 TO 8:15 TO ALL STUDENTS
Contact Laura Alvarado 313-843-9440

2/8/2020 2:39:50 PM
Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:643 AvgSod(mg):1063 AvgCarbs(g):82

or. = An alternative selection to choose. *WG*=Whole Grain
1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****