



Monday	Tuesday	Wednesday	Thursday	Friday
		WG Bagel Fresh Apple 1% White or FF Chocolate Milk	Breakfast Burrito with Turkey Sausage, Egg Apple Juice Fresh Orange 1% White or FF Chocolate Milk	WG Raspberry Bar Fresh Banana Orange Juice 1% White or FF Chocolate Milk
		1	2	3
Frosted Flakes Mini Vanilla Wafers Pineapple Tidbits Apple Juice 1% White or FF Chocolate Milk	Mini Cinnis Orange Juice Mixed Fruit Cup 1% White or FF Chocolate Milk	Dannon Nonfat Creamy Yogurt Cinnamon Granola Fresh Apple 1% White or FF Chocolate Milk	Mini Blueberry Pancakes Apple Juice Fresh Orange 1% White or FF Chocolate Milk	WG Apple Roll Fresh Banana Orange Juice 1% White or FF Chocolate Milk
6	7	8	9	10
Trix Cereal Animal Grahams Diced Pears Orange Juice 1% White or FF Chocolate Milk	Breakfast Burrito with Turkey Sausage, Egg Apple Juice Mandarin Orange Cup 1% White or FF Chocolate Milk	WG Bagel Fresh Apple 1% White or FF Chocolate Milk	Apple Frudel Apple Juice Fresh Orange 1% White or FF Chocolate Milk	WG Goody Bun Fresh Banana Orange Juice 1% White or FF Chocolate Milk
13	14	15	16	17
Golden Grahams Animal Grahams Diced Peaches Apple Juice 1% White or FF Chocolate Milk	Mini Chocolate Chip French Toast Orange Juice Pineapple Tidbits Cup 1% White or FF Chocolate Milk	WG Bagel Fresh Apple 1% White or FF Chocolate Milk	Mini Cinnis Apple Juice Fresh Orange 1% White or FF Chocolate Milk	WG Breakfast Ring Fresh Banana Orange Juice 1% White or FF Chocolate Milk
20	21	22	23	24
Cocoa Puff Cereal Bar Animal Grahams Fruit mix Apple Juice 1% White or FF Chocolate Milk	Apple Frudel Orange Juice Diced Peach Cup 1% White or FF Chocolate Milk	Dannon Nonfat Creamy Yogurt Cinnamon Granola Fresh Apple 1% White or FF Chocolate Milk	Breakfast Burrito with Turkey Sausage, Egg Apple Juice Fresh Orange 1% White or FF Chocolate Milk	
27	28	29	30	



Thought for Thought
 The man who never alters his opinions is like standing water, and breeds reptiles of the mind. - William Blake

Tips & Information
 BREAKFAST IS SERVED DAILY FROM 7:55 TO 8:15 TO ALL STUDENTS
 Contact Laura Alvarado 313-843-9440

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or. = An alternative selection to choose. *WG*=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.



Menu Subject to Change