



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>No School</b></p> <p>2</p>	<p><b>Pizza Slice(34)</b></p> <p>Baby Carrots w/ Ranch(7) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p> <p>3 633:1177:79</p>	<p><b>Turkey Chorizo &amp; Cheese Nachos with WG Corn Chips(36)</b></p> <p>Romaine w/ Dressing(1) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p> <p>4 784:1179:80</p>	<p><b>Chicken Strips w/ WG Goldfish Crackers(31)</b></p> <p>Baked Green Beans(6) Fresh Orange(19) 1% White or FF Flavored Milk(19)</p> <p>5 503:731:75</p>	<p><b>Classic Cheeseburger on WW Bun(29)</b></p> <p>Baked Beans(32) Fruit mix(17) 1% White or FF Flavored Milk(19)</p> <p>6 769:1668:98</p>
<p><b>BBQ Beef Rib Patty on WW Bun(35)</b></p> <p>Seasoned Corn(25) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p> <p>9 605:1097:94</p>	<p><b>Pizza Slice(34)</b></p> <p>Baby Carrots w/ Ranch(7) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p> <p>10 633:1177:79</p>	<p><b>Beef Soft Taco on WW Tortilla w/ Spanish Brown Rice(63)</b></p> <p>Romaine w/ Dressing(1) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p> <p>11 784:1497:107</p>	<p><b>Chicken Penne w/ WG Dinner Roll(34)</b></p> <p>Baked Green Beans(6) Fresh Orange(19) 1% White or FF Flavored Milk(19)</p> <p>12 556:730:78</p>	<p><b>Popcorn Chicken w/ WG Goldfish Crackers(33)</b></p> <p>Baked Beans(32) Fruit mix(17) 1% White or FF Flavored Milk(19)</p> <p>13 722:1126:101</p>
<p><b>Cheeseburger Meatloaf on WW Bun (32)</b></p> <p>Diced Potatoes(20) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p> <p>16 610:934:85</p>	<p><b>Pizza Slice(34)</b></p> <p>Baby Carrots w/ Ranch(7) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p> <p>17 633:1177:79</p>	<p><b>Beef &amp; Cheese Nachos w/ WG Corn Chips(35)</b></p> <p>Tossed Salad with Ranch(2) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p> <p>18 807:1268:80</p>	<p><b>Chicken &amp; Rice Casserole(38)</b></p> <p>Fresh Broccoli &amp; Ranch Dressing(4) Fresh Orange(19) 1% White or FF Flavored Milk(19)</p> <p>19 672:1049:81</p>	<p><b>Texas Style Chicken Drumstick w/ WW Dinner Roll(22)</b></p> <p>Baked Beans(32) Fruit mix(17) 1% White or FF Flavored Milk(19)</p> <p>20 632:1236:90</p>
<p><b>Italian Meatball Sub on WG Bun(38)</b></p> <p>Baked Green Beans(6) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p> <p>23 538:899:78</p>	<p><b>Pizza Slice(34)</b></p> <p>Baby Carrots w/ Ranch(7) Fresh Apple(19) 1% White or FF Flavored Milk(19)</p> <p>24 633:1177:79</p>	<p><b>Turkey Chorizo Street Taco w/ WG Mini Flatbread(30)</b></p> <p>Mexican Pinto Beans(27) Fresh Banana(23) 1% White or FF Flavored Milk(19)</p> <p>25 687:1287:100</p>	<p><b>Baked Mostaccioli w/ WW Dinner Roll(39)</b></p> <p>Romaine w/ Dressing(1) Fresh Orange(19) 1% White or FF Flavored Milk(19)</p> <p>26 778:747:79</p>	<p><b>Chicken Fries w/ BBQ Sauce and WG Goldfish(33)</b></p> <p>Sweet Baby Peas(10) Fruit mix(17) 1% White or FF Flavored Milk(19)</p> <p>27 573:701:79</p>
<p><b>BBQ Meatloaf Sandwich on WW Bun(37)</b></p> <p>Baked Beans(32) Diced Peaches(14) 1% White or FF Flavored Milk(19)</p> <p>30 697:1371:102</p>				



**Thought for Thought**

*One machine can do the work of fifty ordinary men. No machine can do the work of one one extraordinary man. - Elbert Hubbard*

**Tips & Information**

BREAKFAST IS SERVED DAILY FROM 7:55 TO 8:15 TO ALL STUDENTS  
Contact Laura Alvarado 313-843-9440

8/27/2019 10:24:20 AM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ( )

AvgCals:662 AvgSod(mg):1111 AvgCarbs(g):86

"or:" = An alternative selection to choose. "WG"=Whole Grain  
1% White & Fat Free Chocolate Milk available daily.

**\*\*Menu Subject to Change\*\***

