




Monday	Tuesday	Wednesday	Thursday	Friday
		 1	2 No School	3 No School
Golden Grahams Animal Grahams Diced Peaches Apple Juice 1% White or FF Chocolate Milk	Mini Chocolate Chip French Toast Orange Juice Pineapple Tibits Cup 1% White or FF Chocolate Milk	WG Bagel Fresh Apple 1% White or FF Chocolate Milk	Mini Cinnis Fresh Banana Orange Juice 1% White or FF Chocolate Milk	WG Breakfast Ring Apple Juice Fresh Orange 1% White or FF Chocolate Milk
6	7	8	9	10
Cocoa Puff Cereal Bar Animal Grahams Fruit mix Apple Juice 1% White or FF Chocolate Milk	Apple Frudel Orange Juice Diced Peach Cup 1% White or FF Chocolate Milk	Dannon Nonfat Creamy Yogurt Cinnamon Granola Fresh Apple 1% White or FF Chocolate Milk	Egg & Cheese on WG English Muffin Fresh Banana Orange Juice 1% White or FF Chocolate Milk	WG Cinnabar Apple Juice Fresh Orange 1% White or FF Chocolate Milk
13	14	15	16	17
Cinnamon Toast Crunch Cereal Animal Grahams Mandarin Orange Apple Juice 1% White or FF Chocolate Milk MLK Day	Apple Frudel Orange Juice Diced Peach Cup 1% White or FF Chocolate Milk	WG Bagel Fresh Apple 1% White or FF Chocolate Milk	Egg & Cheese on WG English Muffin Fresh Banana Orange Juice 1% White or FF Chocolate Milk	No School
20	21	22	23	24
Frosted Flakes Mini Vanilla Wafers Pineapple Tidbits Apple Juice 1% White or FF Chocolate Milk	Mini Cinnis Orange Juice Mixed Fruit Cup 1% White or FF Chocolate Milk	Dannon Nonfat Creamy Yogurt Cinnamon Granola Fresh Apple 1% White or FF Chocolate Milk	Mini Blueberry Pancakes Fresh Banana Orange Juice 1% White or FF Chocolate Milk	WG Apple Roll Apple Juice Fresh Orange 1% White or FF Chocolate Milk
27	28	29	30	31



Thought for Thought

Love is the strongest force the world possesses. -
Steph

Tips & Information

BREAKFAST IS SERVED DAILY FROM 7:55 TO 8:15 TO ALL STUDENTS
 Contact Laura Alvarado 313-843-9440

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*or: = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****