



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Trix Cereal(24)</i></p> <p>Animal Grahams(20) Diced Pears(14) Orange Juice(15) 1% White or FF Chocolate Milk(14)</p> <p>3 452:395:87</p>	<p><i>Egg & Cheese on WG English Muffin(24)</i></p> <p>Apple Juice(15) Mandarin Orange Cup 1% White or FF Chocolate Milk(14)</p> <p>4 382:530:53</p>	<p><i>WG Bagel(30)</i></p> <p>Fresh Apple(19) 1% White or FF Chocolate Milk(14)</p> <p>5 504:500:63</p>	<p><i>Apple Frudel (37)</i></p> <p>Apple Juice(15) Fresh Orange(19) 1% White or FF Chocolate Milk(14)</p> <p>6 462:430:85</p>	<p><i>WG Goody Bun (34)</i></p> <p>Fresh Banana(23) Orange Juice(15) 1% White or FF Chocolate Milk(14)</p> <p>7 501:390:86</p>
<p><i>Golden Grahams(24)</i></p> <p>Animal Grahams(20) Diced Peaches(14) Apple Juice(15) 1% White or FF Chocolate Milk(14)</p> <p>10 455:481:87</p>	<p><i>Mini Chocolate Chip French Toast(35)</i></p> <p>Orange Juice(15) Pineapple Tibits Cup (13) 1% White or FF Chocolate Milk(14)</p> <p>11 452:450:77</p>	<p><i>WG Bagel(30)</i></p> <p>Fresh Apple(19) 1% White or FF Chocolate Milk(14)</p> <p>12 504:500:63</p>	<p><i>Mini Cinnis (39)</i></p> <p>Apple Juice(15) Fresh Orange(19) 1% White or FF Chocolate Milk(14)</p> <p>13 492:410:87</p>	<p><i>WG Breakfast Ring (29)</i></p> <p>Fresh Banana(23) Orange Juice(15) 1% White or FF Chocolate Milk(14)</p> <p>14 <i>Valentine's Day</i> 491:400:81</p>
<p>17 No School</p>	<p><i>Apple Frudel (37)</i></p> <p>Orange Juice(15) Diced Peach Cup 1% White or FF Chocolate Milk(14)</p> <p>18 382:430:66</p>	<p><i>Dannon Nonfat Creamy Yogurt (14)</i></p> <p>Cinnamon Granola(37) Fresh Apple(19) 1% White or FF Chocolate Milk(14)</p> <p>19 494:255:84</p>	<p><i>Egg & Cheese on WG English Muffin(24)</i></p> <p>Apple Juice(15) Fresh Orange(19) 1% White or FF Chocolate Milk(14)</p> <p>20 462:530:72</p>	<p><i>WG Cinnabar (45)</i></p> <p>Fresh Banana(23) Orange Juice(15) 1% White or FF Chocolate Milk(14)</p> <p>21 541:400:97</p>
<p><i>Cinnamon Toast Crunch Cereal(22)</i></p> <p>Animal Grahams(20) Mandarin Orange(20) Apple Juice(15) 1% White or FF Chocolate Milk(14)</p> <p>24 492:435:91</p>	<p><i>Apple Frudel (37)</i></p> <p>Orange Juice(15) Diced Peach Cup 1% White or FF Chocolate Milk(14)</p> <p>25 382:430:66</p>	<p><i>WG Bagel(30)</i></p> <p>Fresh Apple(19) 1% White or FF Chocolate Milk(14)</p> <p>26 504:500:63</p>	<p><i>Egg & Cheese on WG English Muffin(24)</i></p> <p>Apple Juice(15) Fresh Orange(19) 1% White or FF Chocolate Milk(14)</p> <p>27 462:530:72</p>	<p><i>WG Raspberry Bar (45)</i></p> <p>Fresh Banana(23) Orange Juice(15) 1% White or FF Chocolate Milk(14)</p> <p>28 541:400:97</p>

Happy Valentine's Day

Thought for Thought

A painter told me that nobody could draw a tree without in some sort becoming a tree, or draw a child by studying the outlines of its form merely . . . but by watching for a time his motions and plays. the painter enters into his nature and

Tips & Information

BREAKFAST IS SERVED DAILY FROM 7:55 TO 8:15 TO ALL STUDENTS
Contact Laura Alvarado 313-843-9440

1/9/2020 4:03:33 PM

Nutrition Key -> Cals:Sodium(mg):Carbs(g) - Item Carbs(g) in ()
AvgCals:471 AvgSod(mg):441 AvgCarbs(g):77

"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****